**The Nebraska African American Domestic Violence Action Committee 6th Annual Conference**

**A Cultural Context for Trauma Recovery: Domestic Violence and the African American Community**

**Presenter:** Tabethah Mack, M.A.

**Name of Session:** Phenomenal Women: Designing Effective Support Groups for African American Women Survivors of Intimate Partner Violence.

**Goal:** This workshop is designed to provide participants with culture-specific tools and techniques to organize, develop, and facilitate a support group for African American women presently or formerly involved in a violent intimate partnership.

**Objective:** This session involves a rigorous discussion of the challenges, benefits and necessary components of effective support groups for African American women.  This session includes a candid discussion of the need for a culture-specific support group. African American women are underrepresented in Lincoln, Nebraska and the impact of this underrepresentation coupled with domestic violence will be discussed.

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| **TIME** | **ACTIVITY** |
| **1:15-1:30** | **Introductions and overview of the session** |
| **1:30-2:15** | **Support group process** |
| **2:15-2:30** | **Wrap-up and close the session** |

**Discussion Statements/Questions:**

* Only Black women should facilitate a support group for African American women with a history of domestic violence or IPV.
* A support group for African American women should not differ from a support group for women in general.
* Would you feel comfortable facilitating a group for African American women survivors of domestic violence and IPV?
* What images come to mind when you think of African American survivors of domestic violence and IPV?

**Notes: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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**\*\*\* Suggested readings:** Institute of Domestic Violence in the African American Community, University of Minnesota, “Intimate Partner Violence (IPV) in the African American community Fact Sheet, Wounds of the Spirit (Traci C. West), Violence in the Lives of Black Women (Carolyn West), I Will Survive (Lori Robinson), Battle Cries (Hillary Potter), Compelled to Crime (Beth Richie).